

Brand new patio homes now open!

Future phases are available for reservation

Life at Wesley Palms means an inspired life filled with fun, relaxation and endless possibilities. Spring has arrived – a time of renewal and with it comes the promise of something new.

The first few phases of our community revitalization plan are complete and open for viewing and move-in! The new single-story patio homes range from 753 to 1,317 square feet and feature the sleek style and function of an open floor



plan with mid-century modern design. The patio homes celebrate nature with large floor-to-ceiling windows to let the outdoors in.

Reserve your future home today. Call us today at **858-274-4110** to arrange a tour.

Surround yourself with good friends and San Diego sunshine. Open the doors of your new patio home and invite the ocean breezes in!

“We looked around and Wesley Palms was the only

community that offered a patio home,” said resident David Brown who with his wife Patty moved to Wesley Palms. “We’ve always lived in a house and do not like the high-rise lifestyle. This patio home is perfect for us and being near the coast makes it even better.”

Highlights of our new patio homes include:

- An indoor-outdoor life-style with airy, barrier-free designs to take advantage of parkland or ocean views
- Generous windows and high ceilings

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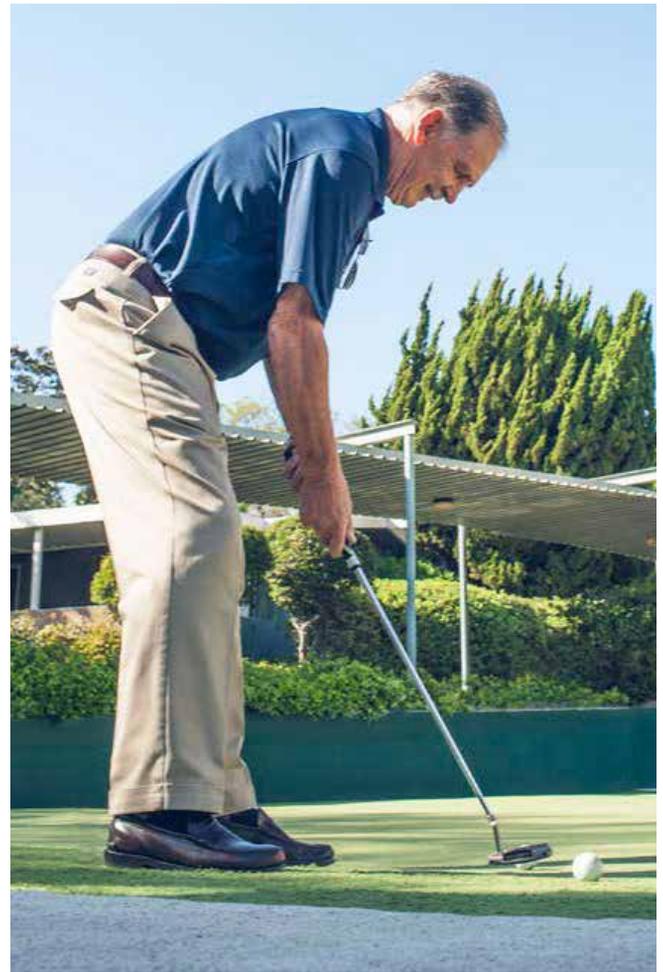


New Fitness Center, Refurbished Pool are Part of Wesley Palms' Revitalization

Whether you're a lap swimmer, weight lifter, aerobics or cycling enthusiast, or just looking for a day of fun in the pool, Wesley Palms has the perfect amenities to stay fit.

The community's lap pool, hydrotherapy pool, and new fitness center are all new as part of Wesley Palms' revitalization efforts.

"The new fitness center is superb," said resident Mary Warner. "You will find me there every day. I enjoy all of the machines, weights and cardiovascular activities and



swimming. Now that the fitness center has expanded and moved closer to the pool, it's a joy and provides many more opportunities to stay fit."

The fitness center and pool offers fun for residents, featuring various classes for all levels of abilities including fall prevention, balance and mobility, yoga, strength training, boxing, guided meditation and chair exercises among many, as well as pool activities such as lap swimming and aqua aerobics. Orientations are offered regularly so residents can get to know the equipment and what is offered.

"In addition to our new patio homes, the new pool and fitness center are just a few of the amenities that make Wesley Palms stand out," said Wesley Palms Life Enrichment Director Taunya Bachellor. "Residents can exercise at their own pace, attend one of our many classes or we can work together to create an exercise program tailored just for them. We have senior-friendly exercise machines, weights and a recumbent bike that's all the rage here."

Studies show that a comprehensive fitness program is essential to the health (both physical and mental) of older adults. Along these lines goes a measure of fun, derived from the stimulation of new challenges, the pleasure of shared efforts and new friendships. 🍌

'It Was the New Patio Homes that Made the Difference'

Irma and Phil Ames love the inside and outside of their new home

It's morning at Wesley Palms, Pacific Beach's venerable retirement community on Mt. Soledad, where Irma and Phil Ames are excited about a brand new day.

The San Diego sunshine is pouring through their large picture windows, the gentle ocean breezes cascade through their living room and the weather forecast calls for a mild 74 degrees. Life is good living in a new patio home.

"Our home is just beautiful, bright and cheery," Irma said with a big smile. "Look at those views. I think it's a good day for a walk, some breakfast and then who knows?"

Each day is a little different for the Ames, but one thing they know, they will all start in their patio home.

"We've been living here a little over a month and we couldn't be happier," Phil said. "It's changed our way of living. There is so much to do each day right outside our door."

When Irma and Phil were looking to move to a retirement community after 14 years of condominium living they looked at many places, but only one stood out – Wesley Palms.

"It was the new patio homes that made the difference," Irma said. "We reserved one even before they were built because we could tell how beautiful they were going to be and



we were right."

"It feels like home," Phil added. "It's like living in the best of two worlds – living in your own home but in a community."

Irma said the best part about having a full kitchen is choice.

"It gives us options," Irma said. "Sometimes I make dinner for us here and other times we eat in the dining room. It depends on our mood. We also love to entertain, and the size of our house plus all of the amenities make it a perfect place when our children visit from out-of-town or we have friends over. Some of our friends who don't live at Wesley Palms are jealous."

When not in their home, the Ames enjoy various college-level classes offered at Wesley Palms, a friendly game of Mahjong, painting or one of their favorite activities – long walks around campus or on the beach. 🌞



New Library Debuts at Wesley Palms

Wesley Palms' resident library has undergone a complete renovation as part of the community's overall revitalization.

The resident library features about 1,000 books -- everything from novels, non-fiction, biographies, a large collection of mysteries and more. In addition to books, the library also subscribes to several national magazines and newspapers.

"We have a lot of best sellers, a lot of books donated by residents and a substantial collection of large-print books," said Rosemary Fraunces, a retired teacher with experience working in libraries. "We even have a few resident authors whose books we carry. Once you spend some time in here you will realize you have found a new friend." 🌞

Your New Patio Home

You have reached a special time in your life
No more urges to roam;
Something new for your senior years
A new Wesley Palms Patio Home

We have a good location
The weather is terrific,
With a neighbor named La Jolla
We look at the blue Pacific.

No need to shop or cut your grass
No little toddlers whining;
But A-1 meals, cooked by a chef
And a room for good social dining.

So take time to look at our homes
See if they are made just for you.
A great nursing service, a friendly trained staff
And many more things yet to do.

So place a call to Wesley Palms
It's the best thing you can do;

Thirty four acres of flowers and green
And perhaps, there's a new home for you.

—John Roodhuyzen, Wesley Palms resident



New Patio Homes *(Continued from page 1)*

to welcome natural light and beauty of the natural landscape. Touches like sleek mosaic glass backsplashes, cathedral ceilings, clerestory windows, designer kitchens and baths and large patios for soaking up the Southern California sunshine

- Full kitchens so residents have the option of dining in or enjoying the community's restaurant-style dining room. 🍴

We're an equal opportunity
housing provider.
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wesleypalms.org
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a front porch community



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